Cinderella Training Ride #10
Crystal Springs - 57 Miles
Start: Harbor Light Church
3/24/07

Direction Legend:
L = Left R = Right
X = Cross >> = Becomes

AT MILE	GO	STREET/LANDMARK
0.0	**R**	Thornton
0.3	**R**	Dusterberry
0.8	**R**	Central
2.7	**R**	Cherry
3.2	**L**	Thornton
5.1	**L**	Marshlands
	X	Dumbarton Bridge
11.2	**R**	University
	R	Bike path around Sun
11.7	**R**	Bayfront Expressway Bike Path
13.3	**R**	Bayfront Park - Potty Stop
	X	Marsh Road
15.1	**R**	15th Avenue
	>>	Palmer
15.5	**X**	Middlefield
	>>	Fair Oaks
16.1	**X**	El Camino Real
	>>	Atherton
17.9	**R**	Alameda de Las Pulgas
18.9	**L**	Woodside Road
20.9		Stop @ Roberts Market or Chevron
	R	Canada Road
28.6	**U**	Hwy 92 - *caution cross traffic*
32.5	**L**	Edgewood Road
33.7	**R**	Edgewood Park (if needed)
34.1	**R**	Cordilleras
35.8	**R**	Canyon
36.4	**L**	Highland
36.5	**L**	Jefferson
36.7	**X**	Alameda de Las Pulgas
36.7	**R**	Upton - ***quick right turn***
37.5	**X**	Roosevelt
	>>	Nancee's Coffee Shoppe - BREAK!

Direction Legend:
L = Left R = Right
X = Cross >> = Becomes

AT MILE	GO	STREET/LANDMARK
	R	Roosevelt
37.7	**R**	Valota
38.6	**X**	Woodside Road
	>>	Nimitz
38.9	**L**	Selby
38.9	**R**	Selby
39.8	**L**	Atherton
40.9	**>>**	Fair Oaks
41.2	**>>**	Palmer
	>>	15th Avenue
41.5	**L**	18th Avenue
41.5	**R**	Bay
41.6	**L**	Marsh Road
42.3	**R**	Independence
42.3	**L**	Constitution
42.6	**L**	Chrysler
42.8	**X**	Bayfront Expressway
	R	Bike Path
45.1	**L**	Follow bike path around Sun
45.6	**X**	Bayfront Expressway
	L	onto bikepath to Dumbarton Bridge
	L	Marshlands
51.8	**R**	Thornton
53.7	**R**	Cherry
54.2	**L**	Central
55.5	**L**	Blacow
56.0	**R**	Thornton
56.3	**R**	Church Parking Lot

Jean 510-791-2944

Bonnie 510-760-7207
Fremont Police 510-791-4200
San Mateo Sheriff 650-363-4915
Menlo Park Emergency 650-325-4424