

**Cinderella Training Ride #1
Quarry Lakes Loop ~ 10 miles, 140 feet
Start: Bicycle Garage, Fremont
1/19/08**

Direction Legend:
L = Left R = Right
X = Cross >> = Becomes

AT MILE	GO	STREET/LANDMARK
0.1	L	Balboa Way - to Exit Parking Lot
0.3	L	Cabrillo
0.4	L	Thornton
0.7	R	Dusterberry
1.1	R	Peralta
1.3	>>	Becomes Glenmore
1.5	X	Central
2.0	L	Eggers
2.6	X	Fremont
3.1	L	Paseo Padre
4.9	R	Isherwood
5.5	R	Quarry Lakes Park
		Potty Stop
5.7	L	Isherwood (caution-spikes in road)
6.3	R	Paseo Padre
7.1	L	Decoto - if traffic, cross Decoto and use light to change direction
7.6	X	Fremont Blvd.
8.0	L	Cabrillo - if traffic, cross Cabrillo and use light to change direction
8.8	R	Nicolet
9.0	L	San Pedro
9.7	L	Thornton
10.1	R	Harbor Light Parking Lot

Fremont Dispatch 510-790-6800

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