

<b>Cinderella Training Ride #5 Over the Bridge - 36 Miles, 720 feet Start: Bicycle Garage, Fremont 2/16/08</b>		
Direction Legend: L = Left R = Right X = Cross >> = Becomes		
<b>AT MILE</b>	<b>GO</b>	<b>STREET/LANDMARK</b>
0.0	R	Thornton
3.6	L	Marshlands
6.6	X	Dumbarton Bridge
9.4	R	University to bike path
9.6	R	Bike path around Sun
10.4	R	Bayfront Expressway bike path
11.9	R	to Bayfront Park Rest Rooms
12.3	>>	Rest Rooms and return to Expressway
12.6	X	Cross Expressway onto Marsh (may need to push Walk button on far right)
	X	101 on overpass
13.4	R	15th
13.4	R	18th
13.6	R	Bay
	X	Marsh
14.6	X	Ringwood
14.9	R	Berkeley
15.4	L	Coleman @ dead end
15.6	R	Santa Monica
15.7	L	Gilbert @ stop sign
15.8	X	Willow Road
15.9	R	Marmona
16.0	L	Concord
16.4	L	Woodland
16.8	R	at Y w/ Menalto to stay on Woodland
17.5	R	University
18.0	R	Marlowe (next after Maple)
	>>	Palo Alto Ave
	X	Chaucer St
	X	Hale St
18.5	R	to stay on Palo Alto @ Lytton & Seneca
	X	Guinda
	X	Everett
	X	Fulton
18.9	R	Middlefield
19.8	R	Ringwood
20.9	X	Bike Bridge (Careful of pedestrians!)
21.0	L	Market Place
21.1	R	Hamilton
21.9	L	Shopping center - Starbucks Coffee Stop
	L	Hamilton to exit shopping center same way you came in
22.0	L	Willow Road
22.2	R	Bike Path
23.7	X	Dumbarton Bridge
25.5	R	Marshlands
28.6	L	Thornton
32.5	>>	Paseo Padre
35.1	R	Thornton
36.0	R	Balboa
36.2	X	Cabrillo
36.8	L	San Pedro
26.9	L	Thornton
27.1	R	Harbor Light Parking Lot

Lori Sommer 510-693-8624  
 Karen White 510-329-9326  
 Fremont Dispatch 510-790-6800  
 San Mateo County Sheriff 650-363-4911  
 Palo Alto Police 650-321-4433

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