

**Cinderella Training Ride #6  
Peninsula - 39 Miles, 1490 feet  
Start: Bayfront Park  
2/23/08**

Direction Legend:

L = Left    R = Right    X = Cross    >> = Becomes

AT MILE	GO	STREET/LANDMARK
0.3		Exit park onto Marsh
1.8	L	Middlefield @ dead end
	X	Encinal
2.4	R	Glenwood
3.0	>>	Valparaiso
3.0	X	El Camino
4.9	L	Alameda de las Pulgas
5.5	>>	Santa Cruz
5.8	X	Sand Hill
5.9	R	Alpine (road curves right)
	X	HWY 280
9.0	L	Arastradero (use caution)
10.5	L	Arastradero Preserve (Potty Break)
10.6	L	Arastradero
11.1	L	Page Mill
10.7	R	Arastradero <b>GEAR DOWN</b>
12.0	R	Purissima @ stop sign
	R	Y veer R to stay on Purissima
13.8	L	Robleda @ dead end
14.4	R	Chapin (Y intersection)
14.7	L	Burke @ dead end
15.2	L	Foothill @ light
18.2	>>	Junipero Serra
20.6	R	Santa Cruz @ T
20.7	X	Sand Hill
21.0	R	Santa Cruz @ Y
21.5	>>	Orange (at stop sign get in <u>left lane</u> and go straight across street)
21.8	L	Valparaiso @ T
22.0	L	Alameda de las Pulgas
22.3	R	Starbucks/Plantation Coffee Stop
22.3	R	Alameda de las Pulgas - to exit coffee stop
22.7	>>	Santa Cruz
23.0	R	Sandhill
	X	HWY 280 ( <b>Caution - bike lane is located at the center of ramp!</b> )
	X	Whiskey Hill
26.0	R	Manzanita
27.3	L	Mountain Home @ T
28.9	L	Portola @ Y (stop sign)
29.1	L	Sandhill ( <b>Caution - fast traffic</b> )
29.9	L	Whiskey Hill ( <b>Caution - fast traffic</b> )
31.3	R	Woodside

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<b>AT MILE</b>	<b>GO</b>	<b>STREET/LANDMARK</b>
33.0	<b>R</b>	Alameda de las Pulgas
34.0	<b>L</b>	Atherton @ stop sign
35.8	<b>X</b>	El Camino Real @ light
35.8	<b>&gt;&gt;</b>	Fair Oaks
36.1		Bad RR tracks
36.5	<b>X</b>	Middlefield @ stop sign (no light)
	<b>&gt;&gt;</b>	Palmer
	<b>&gt;&gt;</b>	15th Ave
37.2	<b>L</b>	18th Ave
	<b>R</b>	Bay
37.3	<b>L</b>	Marsh
	<b>X</b>	101 ( <b>Caution - fwy ramps</b> )
38.0	<b>R</b>	Independence
	<b>L</b>	Constitution
38.4	<b>L</b>	Chrysler @ stop sign
	<b>X</b>	Bayfront Expy @ light (crosswalk accesses bike trail)
38.6	<b>L</b>	Bike trail
39.0	<b>R</b>	Bayfront Park

Lori Sommer 510-693-8624

Karen White 510-329-9326

Fremont Dispatch 510-790-6800

San Mateo County Sheriff 650-363-4911

Palo Alto Police 650-321-4433

Menlo Park Emergency 650-325-4424

Los Altos Emergency 650-947-2779

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