

Cinderella Classic Training Ride #6

Peninsula - 39 Miles, 1490 feet

Start: Bayfront Park

2/20/10 8:00 am

Direction Legend:

L = Left R = Right X = Cross >> = Becomes

AT MILE	GO	STREET/LANDMARK
0.3		Exit park onto Marsh
1.8	L	Middlefield @ T
	X	Encinal
2.4	R	Glenwood
3.0	>>	Valparaiso
	X	El Camino
4.9	L	Alameda de las Pulgas
5.5	>>	Santa Cruz
5.8	X	Sand Hill
5.9	R	Alpine (road curves right)
	X	HWY 280
9.0	L	Arastradero (use caution)
10.5	L	Arastradero Preserve (Potty Break)
10.6	L	Arastradero
11.1	L	Page Mill
10.7	R	Arastradero GEAR DOWN
12.0	R	Purissima @ stop sign
	R	Y veer R to stay on Purissima
13.8	L	Robleda (T intersection)
14.4	R	Chapin (Y intersection)
14.7	L	Burke (T intersection)
15.2	L	Foothill @ light
18.2	>>	Junipero Serra
20.6	R	Santa Cruz (T intersection)
20.7	X	Sand Hill
21.0	R	Santa Cruz (Y intersection)
21.5	>>	Orange (at stop sign get in <u>left lane</u> and go straight across street)
21.8	L	Valparaiso (T intersection)
22.0	L	Alameda de las Pulgas
22.3	R	Starbucks/Plantation Coffee Stop

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AT MILE	GO	STREET/LANDMARK
22.3	R	Alameda de las Pulgas - to exit coffee stop
22.7	>>	Santa Cruz
23.0	R	Sandhill
	X	HWY 280 (Caution - bike lane is located at the center of ramp!)
	X	Whiskey Hill
26.0	R	Manzanita
27.3	L	Mountain Home (T intersection)
28.9	L	Portola @ Y (stop sign)
29.1	L	Sandhill (Caution - fast traffic)
29.9	L	Whiskey Hill (Caution - fast traffic)
31.3	R	Woodside
33.0	R	Alameda de las Pulgas
34.0	L	Atherton @ stop sign
35.8	X	El Camino Real @ light
35.8	>>	Fair Oaks
36.1		Bad RR tracks
36.5	X	Middlefield @ stop sign (no light)
	>>	Palmer
	>>	15th Ave
37.2	L	18th Ave
	R	Bay
37.3	L	Marsh
	X	101 (Caution - fwy ramps)
38.0	R	Independence
	L	Constitution
38.4	L	Chrysler @ stop sign
	X	Bayfront Expy @ light (crosswalk accesses bike trail)
38.6	L	Bike trail
39.0	R	Bayfront Park

Menlo Park Emergency (650) 321-2231
Palo Alto Emergency (650)470-1258
East Palo Alto Emergency (650) 321-1112
San Mateo County Sheriff 650-363-4911
Los Altos Emergency (650) 948-1071

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