

Fremont Freewheelers Bicycle Club

Ride Title: _____ Date: _____

Meeting Place: _____ Altitude: _____ Mileage: _____

By entering your name on the front of this sign-in sheet you affirm that you are a current member of the Fremont Freewheelers Bicycle Club and have signed the Club's "Release of Liability" on the Club's membership form. If you are not a member, have not signed the ©"Release of Liability" on the Club's membership form, or are unsure of your membership status, you must sign the reverse side of this sign-in sheet.

Please Print Clearly

| Riders (FFBC Members Only) | Your cell phone number | Emergency Phone Number <small>(where someone can be reached during ride)</small> |
|-----------------------------------|-------------------------------|--|
| 1. Ride Leader | () | () |
| 2. | | () |
| 3. | | () |
| 4. | | () |
| 5. | | () |
| 6. | | () |
| 7. | | () |
| 8. | | () |
| 9. | | () |
| 10. | | () |
| 11. | | () |
| 12. | | () |
| 13. | | () |
| 14. | | () |
| 15. | | () |
| 16. | | () |
| 17. | | () |
| 18. | | () |
| 19. | | () |
| 20. | | () |

Non-Members, please sign-in on the reverse side.
Please Print Clearly

Fremont Freewheelers Bicycle Club
Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement
for Non-Members

IN CONSIDERATION of being permitted to participate in any way in Fremont Freewheelers Bicycle Club ("club") sponsored Bicycle Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, CONVENANT NOT TO SUE the club its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THE AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

**** ANSI approved helmets are required for participation in all club rides ****

| | | |
|--|-----------|--|
| | | Send Membership Info Yes <input type="checkbox"/> No <input type="checkbox"/> |
| Name (please print) | Signature | |
| | | Emergency phone number |
| Email address or Street address (print clearly) | | Send Membership Info Yes <input type="checkbox"/> No <input type="checkbox"/> |
| | | Emergency phone number |
| Name (please print) | Signature | |
| | | Emergency phone number |
| Email address or Street address (print clearly) | | Send Membership Info Yes <input type="checkbox"/> No <input type="checkbox"/> |
| | | Emergency phone number |
| Name (please print) | Signature | |
| | | Emergency phone number |
| Email address or Street address (print clearly) | | Send Membership Info Yes <input type="checkbox"/> No <input type="checkbox"/> |
| | | Emergency phone number |
| Name (please print) | Signature | |
| | | Emergency phone number |
| Email address or Street address (print clearly) | | Emergency phone number |

Mail to: FFBC – Pedal Pounders, P.O. Box 1868, Fremont, CA 94538