



SPECIAL THANKS TO  
OUR  
SPONSORS!



# Primavera Bicycle Tour

## Sunday April 11, 2010



Top of The Wall

*Fremont Freewheelers  
Bicycle Club*

*"supporting safe cycling"*



### FOUR ROUTES TO CHOOSE

#### The Complete Century: 100 Miles 6000'

Warm up through suburban Southern Alameda County, before the famous Calaveras "Wall". Head out to Livermore and climb up to the wind turbines of Altamont. Enjoy lunch at a winery, return via Pleasanton, climb up and over Palomares Road with flat miles back to the finish.

#### The Perfect Metric: 100k

Perhaps the best natural metric route on the planet! Follow the full century route up the "Wall", enjoy the vistas around Calaveras Reservoir then ride north to the Dublin Grade. Finish your climbing off in the cool streamside shade of Palomares Canyon. Cruise back to the starting point with a few flat miles.

#### The Calaveras Loop: 70k

Get a workout on the "Wall" then enjoy the scenery. Follow the Century route to and around the Calaveras Reservoir and then cycle Niles Canyon to your celebration lunch.

#### The Family Fun Ride: 25 Miles

We promise the biggest hills you'll see will be overpasses. Travel through Coyote Hills Regional Park, and use a portion of the Alameda Creek Trail on this mostly flat, fun, and educational ride. This ride is suitable for families with children, newer riders, or those riders just returning to bicycling.

### Registration Form

Qty.	Sign up for:	Time	Price
<input type="checkbox"/>	Complete Century: 100 Miles	6:30-8 a.m.	\$45.00
<input type="checkbox"/>	The Perfect Metric: 100k	6:30-8 a.m.	\$45.00
<input type="checkbox"/>	The Calaveras Loop: 70k	6:30-8 a.m.	\$45.00
<input type="checkbox"/>	Family Fun Ride: 25 Miles	8-11 a.m.	\$30.00

Total: \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, & Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Emergency Number \_\_\_\_\_

Email Address \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

**Mail your registration form early. We can't guarantee registration by mail postmarked after April 2, 2010 or once we have reached our rider limit. Same day registration is cash only \$55, subject to availability.**

Submit registration form, signed waiver & payment to:

**FFBC Primavera Registration**

**P. O. Box 1868**

**Fremont, CA 94538**

Questions?

Contact our chairperson:  
Jan 510-651-1557

Email: vera.prima@yahoo.com  
**For Primavera Announcements:  
Primavera\_Announcements-  
subscribe@yahoogroups.com**

**Additional Sponsors:**

[www.cyclecalifornia.com](http://www.cyclecalifornia.com)

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[www.westerncollege.edu](http://www.westerncollege.edu)



**Fremont Freewheelers Bicycle Club**

**PARENTAL CONSENT RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in Fremont Freewheelers Bicycle Club ("club") sponsored Bicycle Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the club its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

4. I am in advance giving my permission and approval for others as in item (3) above in the capacity to provide support to me and my bicycle before, during, and after the Activity.

I AM 18 YEARS OF AGE OR OLDER HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

\_\_\_\_\_  
**Signature of Participant (only if over 18)**                      **Print Name**                      **Date**

**MINOR RELEASE**

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

\_\_\_\_\_  
**Signature of Participant or Guardian**                      **Print Name**                      **Date**

**Directions to the event:**

The Primavera begins and ends at

**James Logan High School**

**1800 H Street**

**Union City, CA 94587**

**From the North:**

Take 880 south to Alvarado-Niles Road. Go east 2 miles. James Logan H.S is on the left at H Street.

**From the South:**

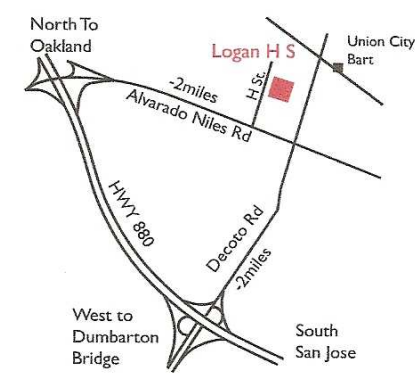
Take 880 north to Decoto Road East. Go 2 miles to Alvarado-Niles Road. Turn left and go 1/4 mile. James Logan H.S. is on the right at H St.

**From the West:**

Take Hwy 84 east across the Dumbarton Bridge and continue straight on Decoto Road to Alvarado-Niles Road.

Turn left and go 1/4 mile.

James Logan H. S. is on the right on H Street.



**RIDE REQUIREMENTS**

- Our insurance requires all riders to wear a helmet. **No Helmet—No Ride.**
- Signed release form required.
- Under 18? You must carry a release form signed by a parent or guardian.
- We ride rain or shine. **No refunds. No exceptions**
- Be safe— make sure your bicycle is in sound mechanical condition
- Carry the necessities: spare tube, pump, tools, water, money, ID, medical info.
- Course Routes and Logan High School close at 5:30 SHARP! Select your route appropriately.
- Bicyclists must obey all California Vehicle Code Laws, including all stop sign and signals. Violators may be cited by local authorities.

**More information available at:**

[www.ffbc.org/primavera](http://www.ffbc.org/primavera)

**Register Online at:**

[www.active.com](http://www.active.com)

**Preview routes at:**

<http://lasthill.net/Primavera/ShowPrimaveraMap.htm>