



SPECIAL THANKS TO OUR SPONSORS!



Cedar Mountain Winery



Additional Sponsors:

James Logan High School

www.cyclecalifornia.com

www.ebbc.org

Smith & Denison

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40th Annual Primavera Century



Fremont Freewheelers Bicycle Club

Come join us on Earth Day for a fun ride on some of the East Bay's most scenic roads.



Primal jersey & shorts available

ffbc.org/primavera

"supports safe cycling"



FOUR ROUTES TO CHOOSE

Complete Century: 100 Miles

Travel through Fremont past historic Mission San Jose along the foothills up Calaveras Road and "the Wall". Then enjoy sweeping views of Calaveras Reservoir along roads used for the Tour of California. If you are lucky, you will see Bald Eagles. Then it is to Sunol, Pleasanton, and Livermore and to the top of Altamont Pass, past wind turbines and down into Livermore along more Tour of California roads for lunch at Cedar Mountain Winery. Then it is up the Dublin Grade and quiet Palomares Road to Niles Canyon and back for a hearty meal. Total elevation gain is approximately 5500 ft.

The Perfect Metric: 100k

Perhaps the best natural metric on the planet. Follow the full century route around Calaveras Reservoir, to the Dublin grade and the cool streamside shade of Palomares without the loop through Livermore and the Altamont. Total elevation gain is 3800 ft.

The Calaveras Loop: 70k

Get a workout on the "Wall" then enjoy the scenery. Follow the Century route to and around the Calaveras Reservoir and then cycle Niles Canyon to your celebration lunch. Total elevation gain is 2100 ft.

The Family Fun Ride: 25 Miles

Travel through Coyote Hills Regional Park, and use a portion of the Alameda Creek Trail on this mostly flat, fun, and educational ride. This ride is suitable for families with children, newer riders, or those riders just returning to bicycling.

New for 2012

Besides the wonderful exercise, camaraderie, quiet roads, and great scenery, the ride has added for 2012: goodie bags, clothes drops at first two rest stops, and medals for kids completing the Family Fun Ride.

Transfers at no cost and the ability to change routes are also new this year.

Registration Form

Qty.	Sign up for:	Start	Price
<input type="checkbox"/>	Complete Century: 100 Miles	6:30-8	\$45.00
<input type="checkbox"/>	The Perfect Metric: 100k	6:30-8	\$45.00
<input type="checkbox"/>	The Calaveras Loop: 70k	6:30-8	\$45.00
<input type="checkbox"/>	Family Fun Ride: 25 Miles *per family	8-11	\$30.00*

Total: _____

First Name _____ Last Name _____

Address _____

City, State, & Zip Code _____

Phone Number _____

Emergency Number _____

Email Address _____

Date of Birth ____/____/____

Mail your registration form early. We can't guarantee registration by mail postmarked after March 31, 2012, or once we have reached our rider limit. Price increases to \$55 after March 31, 2011. Same day registration is cash only, subject to availability. Check ffbc.org/primavera

Submit registration form, signed waiver,

FREMONT
FREEWHEELERS
BICYCLE CLUB

P. O. Box 1868
Fremont, CA 94538



Fremont Freewheelers Bicycle Club

PARENTAL CONSENT RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in Fremont Freewheelers Bicycle Club ("club") sponsored Bicycle Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the club its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

4. I am in advance giving my permission and approval for others as in item (3) above in the capacity to provide support to me and my bicycle before, during, and after the Activity.

I AM 18 YEARS OF AGE OR OLDER HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Participant (only if over 18) **Print Name** **Date**

MINOR RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

Signature of Participant or Guardian **Print Name** **Date**

Directions to the event:

The Primavera begins and ends at

James Logan High School

1800 H Street

Union City, CA 94587

From the North:

Take 880 south to Alvarado-Niles Road. Go east 2 miles.

James Logan H.S is on the left at H Street.

From the South:

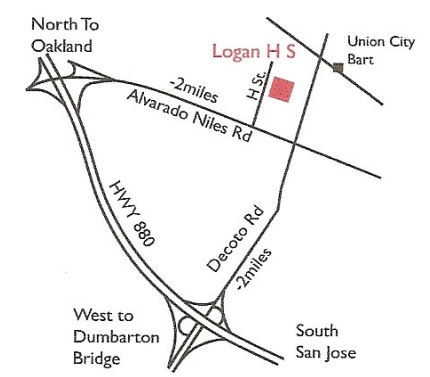
Take 880 north to Decoto Road East. Go 2 miles to Alvarado-Niles Road. Turn left and go 1/4 mile. James Logan H.S. is on the right at H St.

From the West:

Take Hwy 84 east across the Dumbarton Bridge and continue straight on Decoto Road to Alvarado-Niles Road.

Turn left and go 1/4 mile.

James Logan H. S. is on the right on H Street.



RIDE REQUIREMENTS

- Our insurance requires all riders to wear a helmet. **No Helmet—No Ride.**
- Signed release form required.
- Under 18? You must carry a release form signed by a parent or guardian.
- We ride rain or shine. **No refunds. No exceptions**
- Be safe— make sure your bicycle is in sound mechanical condition
- Carry the necessities: spare tube, pump, tools, water, money, ID, medical info.
- Course Routes and Logan High School close at 5:30 SHARP! Select your route appropriately.
- Bicyclists must obey all California Vehicle Code Laws, including all stop sign and signals. Violators may be cited by local authorities.
- Registration transferrable at no cost.
- Flexibility to change your route selection.

More information available at:

www.ffbc.org/primavera

Register Online at:

www.active.com or mail in anytime

Preview routes at:

<http://lasthill.net/Primavera/ShowPrimaveraMap.html>

Questions?

Contact our chairperson:
Andrew Sass 510-656-7347
Email: primavera@ffbc.org